



**Mrs. Reichert/Mrs. Zappala**  
**Life Skills 2024 Newsletter**

Hello Lake Shore Families,

Welcome to our Life Skills Class! We hope you enjoyed your summer and had some time to relax and have some fun! We are looking forward to another wonderful and engaging year in our Life Skills program.

Our class will be taking a Contemporary Crafts Art Class this year every day, during 3rd period. Adaptive Phys. Ed. will be offered on A and B days during 8th period for both semesters as well.

We will be participating in the SABAH Skating Program again this year, which will begin in October. More information will be sent home in the near future.

We will also be going into the community to shop for groceries used to cook simple recipes and attend various field trips throughout the year as well. Our first trip is to the Buffalo Zoo on Wednesday, September 25th. Students may pack a lunch from home or order a bagged lunch from the cafeteria.

Our students will be working in the school store stocking shelves and learning customer service skills. Everyone also gets the opportunity to work in our Eagles Clothes Closet by laundering, and hanging/ folding garments for display. We will have on campus work experiences and some community work experiences when appropriate, for internships throughout the year. The internships will begin in late October. More internship information will be in the October newsletter.

We will be sending home a Life Skills Permission slip. Please sign and return this permission slip this week. Every student needs one of these signed slips before going out in the community for shopping or any field trip during the entire year. It also gives parents permission to have a student's photo taken and be published in the yearbook or community publication. Thank you.

Our curriculum is the Unique Learning System, which has been designed specifically for young adults with special needs. The Transition level is designed for ages 16-21, which prepares them for the world of work as well as teaching independent living skills for the future. This month's unit theme is titled "Understanding Laws and Rights," which addresses the topic of self-advocacy and disability law. The unit provides lessons and activities about the importance of knowing your rights and speaking up for yourself, including activities in the Transition Passport: Personal Life / Rights and Responsibilities. As we assist our young adults in the transition from school to work, it is necessary that they receive training in self advocacy related to individual rights and the laws that protect them. This unit will provide our young adults with the tools needed to learn about the laws that protect their rights as individuals with disabilities and will provide hands-on experience in speaking up for themselves.

We also incorporate the NYS Alternate Assessment Essential Elements through Dynamic Learning Maps (ELA, Math, Science). These benchmarks are differentiated and coincide with the NYS Learning Standards. I will be distributing some outlines of ULS Themes for the year and a pamphlet explaining our Life Skills program at Open House on Thursday, September 19th, 6pm-7:30 pm at the HS Room 119. We're looking forward to seeing you there!

Pictures will be taken during PE class on September 26th. If absent that day pictures can also be taken at the HS on the 27th as well!

We are sending home the QR code to join our class Dojo for home-school connection. Please scan the code and join our group! Thank you!

### IMPORTANT DATES

9/3-School starts-Welcome Back Everyone!

9/19-Open House 6PM-7:30 PM Room 119

9/25- Field Trip to Buffalo Zoo

9/26 or 27th (if absent on the 26th) Picture Day- During PE

Please call the classroom at 926-3799 or email me at

[maureen.reichert@lscsd.org](mailto:maureen.reichert@lscsd.org) with any questions or concerns and I will get back to you as soon as possible. I also have a teacher website for these monthly newsletters that can be viewed online. Go to the Lake Shore Central HomePage- at the top click Schools-High School-Teacher Websites-Special Education Heading-Reichert.

Thank you,

Welcome Back to a wonderful new school year!

Mrs. Reichert and Mrs. Zappala

